



THE DENTAL IMPLANT PRACTICE
IMPLANTS. COSMETICS. GENERAL DENTISTRY

Post-op instructions after Root canal treatment

- Since a local anesthetic has been used, parts of your mouth, your lips, teeth, and tongue may be numb for a few hours after the appointment. Avoid chewing and consuming hot beverages until the numbness has worn off.
- Taking a pain killer before the numbness wears off can significantly reduce post-operative pain/discomfort.
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- Some discomfort may be expected for the first 24-72 hours after a root canal procedure. To manage discomfort, take the medications as prescribed. If any antibiotics are prescribed, complete the duration of antibiotics as prescribed.
- To protect the tooth, avoid eating hard or sticky food and try to chew on the other side of your mouth for the next 24 hours.
- Continue to brush and floss normally.
- Schedule an appointment as soon as the root canal is completed any sort of delay in obtaining final restoration may result in fracture and possible loss of the tooth.

If you have persistent pain, or you feel your bite uneven or you have any other questions or concerns you can contact us at our clinic on:



Schedule your consultations
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